THEA 314 Advanced Ballet III, Class # 10478, Boise State University
2 Credits, Spring 2017 MWF 9:30-11:20 Sat. 10:00-11:30
Instructor: Marla Hansen, Phone # 426-3568, email: mhansen@boisestate.edu
Available by Appointment

Course Content and Objectives
This is a ballet technique class for the advanced dancer with the objective to be prepared for a possible professional career in dance. It is for the serious ballet student and demands the most rigorous discipline. The class meets 4 days a week and begins with a comprehensive ballet barre for warming up the body, developing strength, flexibility, speed, control, proper alignment and precision necessary for correct ballet technique. Barre is followed by center work that covers adagio, pirouettes (en dedans, en dehor, in arabesque, attitude etc.) all types of traveling turns, petite allegro with beats, gran allegro etc. Correct use of ballet terminology, analysis of ballet technique and teaching methods is incorporated into the class instruction. Students will be able to execute advanced ballet steps with emphasis on style and musicality imperative for a professional ballet dancer. Students will also be introduced to the anatomical laws governing body mechanics and how they relate to the acquisition of technique in ballet class.
Prerequisite: permission of the instructor.

Evaluation/Assessment/Grading
Students receive a letter grade.
Any one auditing the class must have at least 80% attendance.
1000 Points Possible:
750 pts. for attendance: each class is worth 12.5 points and includes the following components: punctuality, proper dance attire- leotard and tights, ballet slippers, hair up, positive work ethic, and improvement. Each time you are 5 minutes late to class you will lose 3 points.
50 pts. for a dance journal turned in twice during the semester and must be written in weekly!
100 pts. for the mid-term 100 pts. for the final The midterm and final are based on the required text: Apollo’s Angels by Jennifer Homans.

If you are ill, injured, or more than 10 minutes late to class you must sit out and observe. You may use this option four times. After the fourth time, each “sit out” will count as an absence.

The final will be Monday May 1 from 10:00-12:00.

Class attire/Etiquette
Ballet slippers, leotard and tights required! PINK tights and black leo must be worn on Wednesdays. Socks may be worn for barre. No bare feet or jazz shoes. Pointe shoes may be worn by qualified students. No sweat pants, T-shirts, sweaters etc. except for at the beginning of class and when the studio is too cold. No sloppy ankle warmers. The body must be fully visible. The hair must be up, pulled back, and otherwise out of the way. The student must be ready to start class promptly. On MWF you are expected to be in class ready for barre by 9:30 and on Saturday by 10:00. We will occasionally start class with a floor barre before the ballet barre. You will be informed the class prior. If you have an injury or problems that will affect your class work, please let the instructor know immediately. Please no talking in class, chewing gum or eating. Opportunities are available for students to perform in the BSU student dance concerts presented each semester. If you are interested, contact Marla Hansen.

Make-ups: The equivalent of 2 makeup classes is given if a student attends a dance concert and writes a 2 page critique. A maximum of 3 papers for make-ups will be accepted turned in no later than during the final. No e-mailed papers. Other extra credit projects are possible if approved and completed by the last day of classes. Make-ups can also be credited by attending THEA213 Ballet II or THEA316 Advanced Pointe, with my permission.