THEA 412 MOVEMENT and DANCE for PERFORMING ARTISTS
Spring 2017  3 credits MW 3:00-4:15  class # 10773
Instructor: Marla Hansen  426-3568  mhansen@boisestate.edu  Office Hours: by appointment

Course Description
This course is designed to increase a student's capacity and versatility for movement that may be required in all types of theatrical productions. A large amount of material is covered including the basics of: body awareness, strengthening and stretching, partnering, tap, fight choreography, turning, Elizabethan dance, polkas, waltzes, mazurkas, working with props, and movement studies reflecting character and situation. A number of dance styles will be explored- jazz, modern, ballet, musical theatre and ethnic dance of European cultures. Each of these types of dance brings a vocabulary of movement that is applicable to other dance forms and movement for theatre. You do not need to have prior dance training to succeed in the class. The material covered is at an introductory level.

Objectives
Students will gain more confidence in using the body as an expressive tool by working through a wide variety of movement experiences. Students will develop more physical control, coordination, musicality and stamina. Powers of concentration will be enhanced through learning and practicing movement sequences. In addition, creative and communication skills will be fully used and developed in the movement studies.

More Information: Please attend class in stretch, movement oriented attire, no shorts. Also bring a t-shirt to wear to cover your skin when doing floor work. A leotard is recommended for the women. Please wear clean dancewear. You will need ballet slippers and socks. You should not plan to take the class barefoot except for part of warm-ups. Hair should be up and out of the way. Please bring a notebook to every class as some note taking is necessary. There will be handouts provided when appropriate. If you have an injury or physical condition that could cause an injury, please inform the instructor immediately.

Grading: Students receive a letter grade (90% and above= A, 80% to 89= B, 70% to 79= C, 60% to 69= D).

1200 points possible.
600 points- attendance based, each class is worth 20.6 pts. If you are ill, injured, or more than 10 minutes late to class you must sit out and observe. You may use this option only twice. After two times, each "sit out" will count as an absence. If you know in advance of an impending absence please speak to me so that extra credit work may be devised. There are no excused absences.

150 points- 6 movement projects at 25 pts each, assigned throughout the semester and relating to the material we are studying at the time. Projects must have 75% accuracy to receive the full 25pts. Projects include: Elizabethan dance, musical theatre, tap, fight scene, and movement studies (handouts will be given explaining the movement projects). If you are not prepared to show your project when it is due and present it at the next class period, only 12 points will be given. Projects shown 2 class periods late can receive a maximum of 6 points. If you miss a class, it is up to you to speak with Marla Hansen to find out what assignment was given and to arrange makeup work.

100 points- written test, given approximately 3/4 of the way through the semester. A review of materials being tested will be provided in advance.

150 points- creative movement final and written "poem", Final is Wed. May 3 from 12:30-2:30
You will be given a handout explaining the requirements 2 weeks in advance.

200 points- research/ applied movement projects paper- required of all students registered for THEA 412.
Paper is due by 12:30 May 3.

Extra Credit: 41.2 points- attend a musical theatre or dance production and write a 2 page review. Only 2 papers will be accepted for extra credit, due at the final Wed. May 3, no emailed papers!!!
THEA412 Movement and Dance for the Performing Artist Syllabus Addition
The students registered for THEA 412 will be expected to do all the same work/projects as those in THEA 212 with the addition of the following for 200 points.

1. Choose an aspect of movement/dance that especially interests you and could relate or apply to work and studies that you are involved with. And/or identify a challenge or problem inherent to movement/dance.

2. Devise a lesson plan that will study your area of interest and/or address a challenge or problem. The lesson plan must be based on four movement projects.

3. Write an opening statement describing your project. Identify purpose and goals. Write out the four movement projects of the lesson plan, stating the objective and activities for each. Be sure it is stated clearly enough so that another person could read the directions and do the project. Include a bibliography of your research sources.

Examples:
Dance in relation to developing coordination applicable for athletes. Perhaps specifically for football players, gymnasts, body builders.

Movement for increasing adolescent self-awareness and the relationship of the individual to one’s peer group.

Movement to develop and define four different roles from the same play.

** You do not need to decide right away what your project will be. But you should keep notes on the activities we do in class as they will be helpful when devising your movement project activities. Start brainstorming now and begin the actual writing later in the semester when you have more material to work with. Please feel free to discuss ideas with me or ask for suggestions.

The paper is due Wednesday May 3 by 12:30