THEA 116 Beg/Inter Pointe Technique class# 71256
Fall 2012  1 credit       M/W 3:00-4:15
Boise State University
Instructor: Marla Hansen
#426-3568  email mhansen@boisestate.edu  Available by appointment

Course Description
A pointe class for ballet students who are at a beginner/intermediate level in their pointe technique. Prereq: permission of instructor. Class will consist of barre exercises especially designed to strengthen the feet and legs, and center work also en pointe.

Objectives:
Students will be able to perform beginning level pointe technique with proficiency
Students will develop proper placement and postural alignment necessary for correct pointe technique. Students will be able to perform beginning to intermediate pointe variations away from the barre in the center.

Grading/ Evaluation
Students receive a letter grade utilizing the % point system and incorporating +/-.
A total of 100pts are possible.
80pts of your grade is based on attendance.
Absences: 1-2= 80pts  3=70pts  4=60pts  5=50pts  6=failure
10 pts. based on work ethic, progress, and completing the student evaluation for this class on-line before the final exam. Students will be notified via e-mail as to when they can do the evaluation.
10pts, is a movement final based on an appropriate pointe variation that we will work on in class.

If you are ill, injured, or more than 10 minutes late to class you must sit out and observe.
You may use this option only twice. After two times, each “sit out” will count as half of an absence.

Final: Tuesday, December 18 from 12:00-2:00

Class Attire/Policy
Please be prompt with pointe shoes on and ready to dance by 2:45. This gives you five minutes of class time to make sure your feet and shoes are ready. Prepare ahead to prevent blisters by having your toes taped or protected. Bring bandages and anything else you may need such as a disinfectant ointment like neosporin. Please wear leotards and tights, no sweat pants or baggy shirts allowed. Knees, ankles and torso must be visible. Please inform me before class if you have an injury that will affect your ability to work fully in class

Extra Credit:
You may receive an equivalent of 2 makeup classes for absences by attending a dance performance that includes pointe work and writing a 2 page critique. A maximum of one paper will be credited towards make-ups. Permission from Marla Hansen is required to attend other BSU dance classes to count as make-ups for pointe class.