THEA 314 Advanced Ballet III class # 10684, Boise State University
2 Credits, Spring 2012 MWF 9:40-11:30 Sat. 10:00-11:30
Instructor: Marla Hansen, Phone # 426-3568, email: mhansen@boisestate.edu

Course Content and Objectives
This is a ballet technique class for the advanced dancer with the objective to be prepared for a possible professional career in dance. It is for the serious ballet student and demands the most rigorous discipline. The class meets 4 days a week and begins with a comprehensive ballet barre for warming up the body, developing strength, flexibility, speed, control, proper alignment and precision necessary for correct ballet technique. Barre is followed by center work that covers adagio, pirouettes (en dedans, en dehors, in arabesque, attitude etc.) all types of traveling turns, petite allegro with beats, gran allegro, in addition to some class time spent on classical variations. Correct use of ballet terminology, analysis of ballet technique and teaching methods is incorporated into the class instruction. Students will be able to execute advanced ballet steps with emphasis on style and musicality imperative for a professional ballet dancer. Students will also be introduced to the anatomical laws governing body mechanics and how they relate to the acquisition of technique in ballet class. Prerequisite: permission of the instructor.

Evaluation/Assessment/Grading
Students receive a letter grade utilizing the % point system and incorporating the +/-.
Any one auditing the class must have at least 80% attendance.
1000 Points Possible:
780 pts. for attendance: each class is worth 13 points and includes the following components: punctuality, proper dance attire- leotard and tights, ballet slippers, hair up, positive work ethic, and improvement.
60 pts. for a dance journal which will be turned in twice during the semester.
75 pts. for the mid-term
75 pts. for the final
10 pts for completing the student evaluation for this class on-line before the final exam. Students will be notified via e-mail as to when they can do the evaluation.

If you are ill, injured, or more than 10 minutes late to class you must sit out and observe. You may use this option four times. After the fourth time, each “sit out” will count as an absence.

The tests will be based on the required text, “Apollo’s Angels, a History of Ballet” by Jennifer Homans, and information learned in class. The final will be Mon. May 7 from 10:30-12:30

Class attire/Etiquette
Ballet slippers, leotard and tights required! PINK tights and black leo must be worn on Wednesdays. Socks may be worn for barre. No bare feet or jazz shoes. Pointe shoes may be worn by qualified students. No sweat pants, T-shirts, sweaters etc. except for at the beginning of class and when the studio is too cold. No sloppy ankle warmers. The body must be fully visible. The hair must be up, pulled back, and otherwise out of the way. The student must be ready to start class promptly. On MWF you are expected to be in class by 9:40 and use the first 5 minutes for personal pre-barre work. Approximately every other week we will start one class with a floor barre before the ballet barre. You will be informed the class prior. Saturday class starts at 10:00 with no pre-barre time. If you have an injury or problems that will affect your class work, please let the instructor know immediately. Please no talking in class, chewing gum or eating. Opportunities are available for students to perform in the BSU student dance concerts presented each semester. If you are interested, contact Marla Hansen.

Make-ups/Extra Credit: The equivalent of 2 makeup classes is given if a student attends a dance concert and writes a 2 page critique. A maximum of 2 papers for make-ups will be accepted turned in no later than during the final. No e-mailed papers. Other extra credit projects are possible if approved and completed by the last day of classes. Make-ups can also be credited by attending THEA213 Ballet II or THEA316 Advanced Pointe, with my permission.